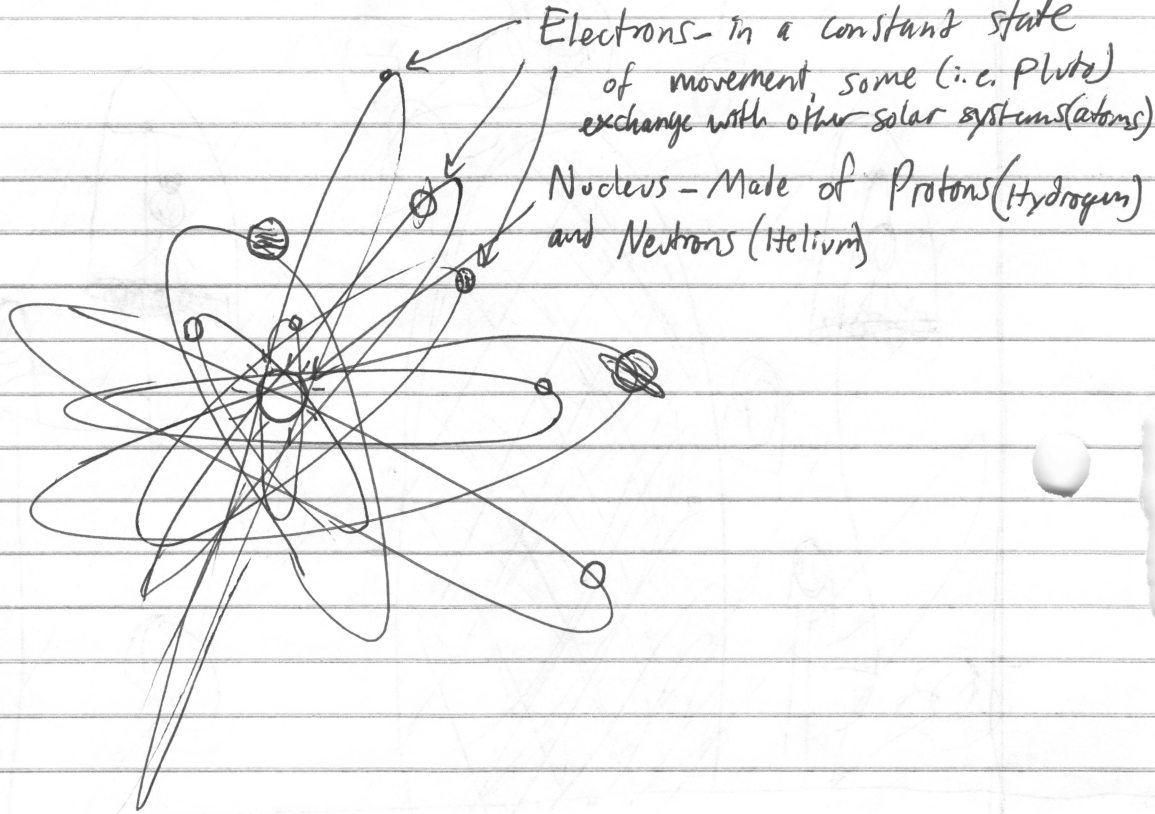
Electrons - in a constant state of movement, some (i.e. Pluto) exchange with other solar systems (atoms)
Nucleus - Made of Protons (Hydrogen) and Neutrons (Helium)